We help students *manage* challenges to achieve SUCCESS!

Challenges in College

Integrated Care:
- Mental Health
- Physical Health

Colonial Health Center

Prevention Education

Community Health Promotion

Student HealthInsurance

Creating a Healthy GW
The Colonial Health Center (CHC) at the George Washington University (GW) provides multidisciplinary, integrated, student centered services in a safe, accessible, culturally sensitive, and supportive environment. The CHC seeks to promote healthy lifestyle choices and to holistically support the physical and emotional well-being of students in order to achieve academic success.
GW
Colonial Health Center

202-994-5300 (24/7)

During the academic year:
Monday - Thursday  8:30am-5:00pm
Friday 10:30-5:00pm
Saturday 9:00am-12:00pm
(Urgent Medical Care Only)

healthcenter.gwu.edu

Marvin Center, Ground Floor
800 21st Street, NW

Where Your HEALTH Is Central

@GWHealthCenter

GWH Health Center
Who we are
Integrated Care

Mental and Physical Health

Individual and Group Counseling

Psycho-educational Programs

Psychiatry

Primary and Urgent Care

Physical Exams

Immunizations

Prescriptions

Referrals for Specialty Care
Stepped Care Model

The Stepped Care Model
A flexible, multi-faceted approach to addressing student mental health needs

- Inpatient Treatment
- Psychiatric Consultation
- Intensive Individual Therapy
- Intensive Group Therapy
- Informational Self Help
- Interactional Online Self-Help
- Drop In Seminars, Chats
- Therapist Assisted Online Programs

Walk-In Consultation
Immunizations
Details @ healthcenter.gwu.edu/immunizations

**Required**
- MMR
- Tetanus / Diphtheria
- Varicella (Chickenpox)
- Hepatitis B
- Meningitis

**Available/Recommended**
- HPV (Gardasil)
- Influenza
- Various immunizations for students traveling abroad

*Mandatory Health Form
Due on August 1st*
Community Health Promotion

- Educational workshops and programs
- Mental Health Discussion and Developmental Series
- Peer Education Program
- Fun On Campus Events
- Assess well-being of campus community
- Online Self Help Library
Prevention Education

Alcohol and Marijuana Use Assessment

Alcohol Skills Training Program (ASTP)

Brief Alcohol Screening and Intervention for College Students (BASICS)

Psycho-educational programs for substance use
Recovery Support

Collegiate Recovery Program

Peer Support Meetings

GW Mentors

“The Serenity Shack” Recovery safe space on campus
Fees & Payment

Fees are incurred for the following services

- Physical exams, medical appointments, medications, lab work, immunizations, individual counseling (after initial threshold of free sessions), mental health assessments

Payment Methods

- CHC does not bill insurance
- GWorld, Mastercard/Visa, GW Student Accounts
Student Health Insurance Plan (SHIP)

- GW Offers a SHIP that is tailored to the unique healthcare needs of our students.
- It covers most all services performed at the CHC and can be used for services outside of CHC:
  - Lab tests
  - X-rays
  - ER Visits
  - Specialty Care

**Students should have health insurance information with them at all times**
More information and details located @ HealthCenter.gwu.edu
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Questions?